



2017 SUMMER INTENSIVE CLINICS

"Teaching the Pursuit of Excellence"

TUE, AUG 8TH

- Sr. Elite Gymnast,
- Level 10 J.O. National Qualifier
- USA Gymnastics National Team Member
- USA VISA Gymnastics Championships Qualifier
- Stanford University, Gymnastics Scholarship
- NJ Athlete of the Year 1999
- Doctorate of Physical Therapy, Columbia University

FEATURED GUEST COACH



Marla Ranieri
PT, DPT, OCS
Stanford Gymnast

- **Top Level Coaching**
- **Sport Psychology**
- **Progression & Drills to Achieve Skills**
- **Plus Much, Much More!**

TUE, AUG 15TH

- Gymnastics Training Center Owner for 23 years - over 400 members
- 30 years of coaching experience
- 26 years of program management experience

FEATURED GUEST COACH



Chris Aldous
Coach & Gymnastics
Training Center Owner

- **Top Level Coaching**
- **Sport Psychology**
- **Progression & Drills to Achieve Skills**
- **Plus Much, Much More!**

\$50 Per Clinic for HQ Team Members • \$75 Per Clinic for Non-Members

Clinics Start at 9AM & End at 4PM

Open to All JOGA, High School, USAG, USA-IGC, AAU Gymnasts

Recommended for USAG Level 4 & Up



**To Register, Contact:
Judi Ternyik**

HQ Gymnastics Program Lead

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